



2024 MATA Annual Meeting and Symposium
 "Meeting the Needs of the 21st Century Athlete"

Friday 8am-5:30pm (5.75 CEU hours)

Time	Session	Speaker	BOC Practice Domains	Level of Presentation
7:00am – 8:00am	Registration & Breakfast (American Foyer A)			
8:00am - 8:10am	Welcome	Ryan Hedwall MA, LAT, ATC, OTC, BCS-O MATA Vice President		
Athletics Healthcare Administration (American Salon A)				
8:10am – 8:30am	Preparing for the Worst: Catastrophic Injuries in Sports	Eric Sugarman LAT, ATC NFL	1,3,5	Advanced
8:30am – 8:50am	Reducing Risk and Protecting Against Undue Injuries and Wrongful Deaths	Jim Rakow LAT, ATC University of St. Thomas	1,5	Advanced
Adolescent Sports Medicine (American Salon A)				
8:50am – 9:10am	When Leg Pain Isn't Growing Pains: Osteosarcoma in the Adolescent Athlete and How to Recognize it in your Clinical Practice	Christian Ogilvie MD University of Minnesota	2	Essential
9:10am – 9:30am	When There Are No Warning Signs: Hypertrophic Cardiomyopathy in the Adolescent Athlete	Steve Ommen MD Mayo	1,3	Advanced
9:30am – 9:50am	Vendor Break/Free Communications Poster Presentation (American Foyer B)			
Mental Health in the Athletic Population (American Salon A)				
9:50am – 10:10am	Athletic Injury-Related Depression: Helping the Athlete Through the "Rough Days"	Matt Mikesell PhD, LP, CMPC Premier Sports Psychology	1,3	Advanced
10:10am - 10:30am	When Good Enough Isn't Good Enough: Helping Athletes Cope with Overwhelming Expectations and Anxiety	Ben Merkling PsyD, LP, CMPC Premier Sports Psychology	2	Advanced
10:30am - 10:50am	Vendor Break/Free Communications Poster Presentation (American Foyer B)			
Cannabis in the Athletic Population (American Salon A)				
10:50am - 11:10am	Cannabis as an Intervention to Pain Management	Jeff Konin PhD, ATC, PT, FACSMT, FNATA Florida International University	4	Essential
11:10am - 11:30am	Does Cannabis Speed Recovery in Injured Athletes?	Jeff Konin PhD, ATC, PT, FACSMT, FNATA Florida International University	4	Advanced
11:30am-12:20 pm	Free Communications Student Podium Presentations	Liz Drake EdD, LAT, ATC Mary Westby EdD, LAT, ATC MATA Student Senate Advisors		

12:20pm – 2:00 pm	Lunch/State of the Association Address/Vendor Presentations			Kate Taber M.Ed, LAT, ATC MATA President		
2:00 pm – 2:30 pm	Vendor Break/Free Communications Poster Presentation (American Foyer B)					
Learning Labs						
	Lab #1 Mulligan Concept (35 participants max) (American Salon B)	Lab #2 Blood Flow Restriction (35 participants max) (American Salon C)	Lab #3 Vestibular Rehab (35 participants max) (Jefferson Room)	Lab #4 Casting/Bracing (35 participants max) (Washington Room)		
2:30 pm – 4:45 pm (2:30 - 2:45 lecture) (2:45 - 4:45 lab)	David Bowman PT, DPT Twin Cities Orthopedics Christian Dawson PT Twin Cities Orthopedics	Braidy Solie DPT, SCS, CSCS Training Haus	Carly Mattson PT, DPT, OCS Twin Cities Orthopedics Jonny Diercks MS, LAT, ATC Training Haus	Sam Moore MEd, LAT, ATC Allina Health Holly Roach MS, LAT, ATC Allina Health	4	Mastery
4:45 pm – 5:30 pm	Artificial Intelligence & Sports Medicine (American Salon A)			Mary Placzkowski DAT, LAT, ATC University of Colorado-Pueblo	5	Essential
5:30 pm – 6:00 pm	Social Hour (American Salon A)					
6:00 pm – 7:30 pm	Hall of Fame & Awards Ceremony (American Salon A)			Ronda Peterson MS, LAT, ATC Honors & Awards Committee Chair		



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Saturday 8am-11:30am (3.3 CEU hours)

Time	Session	Speaker	BOC Practice Domains	Level of Presentation
7:00am - 8:00am	Registration & Breakfast (American Foyer A)			
8:00am - 8:10am	Welcome	Ryan Hedwall MA, LAT, ATC, OTC, BCS-O MATA Vice President		
3-2-1: From Rehab to Return-to-Play (American Salon A)				
8:10am – 9:50am	Reestablishing Athletic Movement and Building Strength Post-Op ACL Reconstruction: A Guide on how to Reintegrate the Athlete Back into Full Activity	Christian Goetz MS, LAT, ATC, CSCS Twin Cities Orthopedics Stuart Borne MS, LAT, ATC, CSCS University of St. Thomas Chris Doney MS, LAT, ATC Training Haus Michael Kiely MS, SCCC Training Haus Tyler Wheeler MS, LAT, ATC, CSCS, CPCS, Cert. DN Training Haus Ryan Hess MD Twin Cities Orthopedics	4	Advanced
Functional Movement Screens: Evaluating Movement Patterns to Predict Injury (American Salon A)				
9:50am-10:10am	Functional Movement Screen: The Basic Principles and Science, How to Use it as a Pre-Season Screening Tool to Prevent Injury, and How to Integrate it into Clinical Practice	Mary Placzowski DAT, LAT, ATC University of Colorado-Pueblo	1	Essential
10:10am–10:30am	Functional Movement Screen: Interpreting Clinical Findings, Improving Global Movement Patterns, and Developing Programs to Decrease Injury and Increase Performance	Sean Skahan MS, CSCS, FMS, RPR Skahan Sports Conditioning	1	Advanced
Concussion Management (American Salon A)				
10:30am -10:50am	Sport Concussion Assessment Tool 6 (SCAT6): The Science, Research and Process Underlying the New SCAT6 Tools for Evaluating a Sports-Related Concussion	Blaine Birtzer DAT, LAT, ATC Hamline University	3	Advanced
10:50am-11:10am	When a Headache Isn't Just a Headache: Understanding the Unique Presentation of a Sports-Related Concussion in the Adolescent Athlete	Budd Renier MD Allina Health	1	Essential
11:10am- 11:30am	What Every Athletic Trainer Needs to Know About CTE-Related Symptoms & Behaviors	Uzma Samadani MD, PhD, FACS, FAANS University of Minnesota	2	Advanced
11:30am	Adjourn			