



2024 Annual Meeting and Clinical Symposium
Student Research Contest Winners

PODIUM

PRESENTATIONS

American Salon A – Friday April 12th 11:30am-12:20pm

Comparing The Rate of Graft Failure in Post Operative ACL Reconstructions with Bone-Patellar Tendon- Bone Autografts to Hamstrings Autografts

Brianna Bertrand, Minnesota State University, Mankato

Branched-Chain Amino Acid Supplementation versus Protein Supplementation in Increasing Muscle Size and Strength

Grant Hanson, Minnesota State University, Mankato

Dry Needling as a Useful Tool for Decreasing Pain and Improving Sensorimotor Function

Dylan Ward, Minnesota State University, Mankato

POSTER

PRESENTATIONS

Friday, April 12th during Vendor Breaks

Mental Imagery and Psychological Readiness to Return to Sport

Kailyn Snodgrass, Minnesota State University, Mankato

Cold Water Immersion vs Passive Recovery Methods for Objective Recovery

Laure Reicks, Minnesota State University, Mankato

Humeral Torsion as a Predictor for GIRD in the Dominant Arm of the Overhead Athlete

Gabrielle Silfa, Minnesota State University, Mankato

Standard CPR Compared to Compression Only CPR for Survival

Jasmine Bejarano, Minnesota State University, Mankato