

2024 MATA Annual Meeting and Symposium

“Meeting the Needs of the 21st Century Athlete”

Friday 8am-5:30pm (5.75 CEU hours)

Time	Session	Speaker	BOC Practice Domains	Level of Presentation	
7:00am – 7:55am	Registration & Breakfast (American Foyer A)				
7:55 am - 8:05am	Welcome	Ryan Hedwall MA, LAT, ATC, OTC, BCS-O MATA Vice President			
Athletics Healthcare Administration (American Salon A)					
8:05am – 8:25am	Preparing for the Worst: Catastrophic Injuries in Sports		1,3,5	Advanced	
8:25am – 8:45am	Reducing Risk and Protecting Against Undue Injuries and Wrongful Deaths	Jim Rakow LAT, ATC University of St. Thomas	1,5	Advanced	
Adolescent Sports Medicine (American Salon A)					
8:45am – 9:05am	When Leg Pain Isn’t Growing Pains: Osteosarcoma in the Adolescent Athlete and How to Recognize it in your Clinical Practice	Christian Ogilvie MD University of Minnesota	2	Essential	
9:05am – 9:25am	When There Are No Warning Signs: Hypertrophic Cardiomyopathy in the Adolescent Athlete	Steve Ommen MD Mayo	1,3	Advanced	
9:30am – 9:50am	Vendor Break/Free Communications Poster Presentation (American Foyer B)				
Mental Health in the Athletic Population (American Salon A)					
9:50am – 10:10am	Athletic Injury-Related Depression: Helping the Athlete Through the “Rough Days”	Matt Mikesell PhD, LP, CMPC Premier Sports Psychology	1,3	Advanced	
10:10am - 10:30am	When Good Enough Isn’t Good Enough: Helping Athletes Cope with Overwhelming Expectations and Anxiety	Ben Merklng PsyD, LP, CMPC Premier Sports Psychology	2	Advanced	
10:30am - 10:50am	Vendor Break/Free Communications Poster Presentation (American Foyer B)				
Cannabis in the Athletic Population (American Salon A)					
10:50am - 11:20am	Cannabis as an Intervention to Pain Management	Jeff Konin PhD, ATC, PT, FACSM, FNATA Florida International University	4	Essential	
11:20am - 11:50am	Does Cannabis Speed Recovery in Injured Athletes?	Jeff Konin PhD, ATC, PT, FACSM, FNATA Florida International University	4	Advanced	
11:50am-12:20 pm	Free Communications Student Podium Presentations (American Salon A)	Liz Drake EdD, LAT, ATC Mary Westby EdD, LAT, ATC MATA Student Senate Advisors			
12:20pm – 2:00 pm	Lunch/State of the Association Address/Vendor Presentations	Kate Taber M.Ed, LAT, ATC MATA President			
2:00 pm – 2:30 pm	Vendor Break/Free Communications Poster Presentation (American Foyer B)				
Learning Labs					

	Lab #1 Mulligan Concept (35 participants max) (American Salon B)	Lab #2 Blood Flow Restriction (35 participants max) (American Salon C)	Lab #3 Vestibular Rehab (35 participants max) (Jefferson Room)	Lab #4 Casting/Bracing (35 participants max) (Washington Room)			
2:30 pm – 4:45 pm (2:30 - 2:45 lecture) (2:45 - 4:45 “hands on” lab)	David Bowman PT, DPT Twin Cities Orthopedics Christian Dawson PT Twin Cities Orthopedics	Braidy Solie DPT, SCS, CSCS Training Haus	Carly Mattson PT, DPT, OCS Twin Cities Orthopedics Jonny Diercks MS, LAT, ATC Training Haus	Sam Moore MEd, LAT, ATC Allina Health Holly Roach MS, LAT, ATC Allina Health	4	Mastery	
4:45 pm – 5:30 pm							
5:30 pm – 6:00 pm	Social Hour (American Foyer A)						
6:00 pm – 7:30 pm	Hall of Fame & Awards Ceremony (American Salon A)						

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“Meeting the Needs of the 21st Century Athlete”

Saturday 8am-11:30am (3.3 CEU hours)

Time	Session	Speaker	BOC Practice Domains	Level of Presentation
7:00am - 8:00am	Registration & Breakfast (American Foyer A)			
8:00am - 8:10am	Welcome	Ryan Hedwall MA, LAT, ATC, OTC, BCS-O MATA Vice President		
3-2-1: From Rehab to Return-to-Play (American Salon A)				
8:10am – 9:50am	Reestablishing Athletic Movement and Building Strength Diminished by Injury & Surgery and How to Reintegrate the Athlete Back into Full Activity	Christian Goetz MS, LAT, ATC, CSCS Twin Cities Orthopedics Stuart Borne MS, LAT, ATC, CSCS University of St. Thomas Chris Doney MS, LAT, ATC Training Haus Michael Kiely MS, SCCC Training Haus Tyler Wheeler LAT, ATC, CSCS Training Haus Ryan Hess MD Twin Cities Orthopedics	4 Advanced	
Functional Movement Screens: Evaluating Movement Patterns to Predict Injury (American Salon A)				
9:50am-10:10am	Functional Movement Screen: The Basic Principles and Science, How to Use it as a Pre-Season Screening Tool to Prevent Injury and Identify Potential Issues, and How to Integrate it into Clinical Practice	Mary Placzkowski DAT, LAT, ATC University of Colorado-Pueblo	1	Essential
10:10am–10:30am	Functional Movement Screen: Interpreting Clinical Findings, Improving Global Movement Patterns, and Developing Programs to Decrease Injury and Increase Performance	Sean Skahan MS, CSCS, FMS, RPR Skahan Sports Conditioning	1	Advanced
Concussion Management (American Salon A)				
10:30am -10:50am	Sport Concussion Assessment Tool 6 (SCAT6): The Science, Research and Process Underlying the New SCAT6 Tools for Evaluating a Sports-Related Concussion	Blaine Birtzer DAT, LAT, ATC Hamline University	3	Advanced
10:50am-11:10am	When a Headache Isn't Just a Headache: Understanding the Unique Presentation of a Sports-Related Concussion in the Adolescent Athlete	Budd Renier MD Allina Health	1	Essential
11:10am- 11:30am	What Every Athletic Trainer Needs to Know About CTE-Related Symptoms & Behaviors	Uzma Samadani MD, PhD, FACS, FAANS University of Minnesota	2	Advanced
11:30am	Adjourn			