

# Minnesota Athletic Trainers' Association 2023 Annual Meeting and Clinical Symposium Hilton Minneapolis/Bloomington

#### Friday 4/12/2023

#### American Ballroom | 6.5 Category A CE available



7:00am - 7:45am Registration | Foyer A

Continental Breakfast available

7:45am – 8:30am Opening Remarks

Round Table: Setting Up Pre-Participation Physical Exams

Moderator: Ann Rowan, MHA, LAT, ATC

Emily Wendolek, MEd, LAT, ATC; Alisia Macoich, LAT, ATC; Missy Strauch, MS,

LAT, ATC; Robby Bershow, MD

8:30am – 8:45am *Break* 

8:45am – 9:30am Emergency Care: How to Approach the Motionless Athlete

Kristina M. Colbenson, M.D.

9:30am – 10:15am *Mental Health Self-Care for the AT* 

Timothy Neal, MS, AT, ATC, CCISM

10:15am – 10:45pm *Vendor Break* | Snack

10:45am – 11:15am *Student Podium Presentations* 

11:15am – 12:00pm *Optometry in the Active World* 

Nathan Langemo O.D.

1:00pm – 1:45pm *Blood Flow Restriction* 

Braidy Solie, DPT

1:45pm – 2:30pm *Mental Health for the Post Injury Athlete* 

Timothy Neal, MS, AT, ATC, CCISM

2:30pm – 3:00pm *Vendor Break* | Snack

3:00pm – 3:45pm <u>Concurrent Sessions - Option 1</u>

Workshop Your EAPs | Regency Room

Mary Westby, EdD, LAT, ATC

Emergency Care and Spine Boarding | Washington Room Liz Drake, EdD, LAT, ATC & Theresa Skrien, EdD, LAT, ATC

3:45pm- 4:00pm Concurrent Session Transition

4:00pm – 4:45pm <u>Concurrent Sessions - Option 1</u>

Tech In Athletics for Injury Mitigation and Rehabilitation | American Ballroom

Tyler Williams, LAT, ATC

*Emergency Care and Spine Boarding* | Washington Room Liz Drake, EdD, LAT, ATC & Theresa Skrien, EdD, LAT, ATC

5:00pm – 7:00pm *MATA Social presented by Summit Orthopedics* 

Honors & Awards presentation in American Ballroom

followed by drinks and light appetizers



#### Saturday 4/15/2023

## American Ballroom | 2.25 Category A CE available



7:00am Registration | Foyer A

Continental Breakfast available

7:45am - 9:30am MATA Annual Business Meeting

9:30am – 9:45am *Break* 

9:45am – 10:30am *Cultural Competence* 

René Revis Shingles PhD, AT, ATC

10:30am – 11:15am Non-Acute Spine Review from the Providers' Point of View

Terence Panvica, PA-C

11:15am – 12:00pm Non-Acute Spine Review from the Rehabilitation Specialists' Point of View

Steven Scherger, PT Cert., MDT

12:00pm Closing Remarks

## 8.75 TOTAL Category A CEs available



\*\*Topics & Speakers subject to change\*\*

# **Hilton Minneapolis/Bloomington Conference Map**



