



Minnesota Athletic Trainers' Association 2023 Annual Meeting and Clinical Symposium Hilton Minneapolis/Bloomington

Friday 4/14/2023 **American Ballroom | 6.5 Category A CE available**



7:00am - 7:45am	Registration Foyer A <i>Continental Breakfast available</i>
7:45am – 8:00am	Opening Remarks
8:00am – 8:45am	<i>Round Table: Setting Up Pre-Participation Physical Exams</i> Moderator: Kari Odland, DAT, LAT, ATC Robby Bershaw, MD; Alisia Macoich, LAT, ATC; Ann Rowan, MHA, LAT, ATC; Missy Strauch, MS, LAT, ATC; Emily Wendolek, MEd, LAT, ATC;
8:45am – 9:30am	<i>Emergency Care: How to Approach the Motionless Athlete</i> Kristina M. Colbenson, M.D.
9:30am – 10:15am	<i>Mental Health Self-Care for the AT</i> Timothy Neal, MS, AT, ATC, CCISM
10:15am – 10:45pm	<i>Vendor Break Snack</i>
10:45am – 11:15am	<i>Student Podium Presentations</i> <ul style="list-style-type: none">● <i>IASTM Is An Effective Tool In Decreasing Myofascial Restrictions</i> Peyton DeVinny, Minnesota State University, Mankato● <i>Blood Flow Restriction Training as a Useful Tool to Increase Hypertrophy and Strength</i> Jonathan Murillo-Rodriguez, Minnesota State University, Mankato● <i>Predicting ACL Re-injury Post-ACLR Using Functional Hop Testing</i> Kimberly Scott, Minnesota State University, Mankato
11:15am – 12:00pm	<i>Optometry in the Active World</i> Nathan Langemo O.D.
12:00pm – 1:00pm	Lunch Foyer B
1:00pm – 1:45pm	<i>Blood Flow Restriction</i> Braidy Solie, DPT
1:45pm – 2:30pm	<i>Mental Health for the Post Injury Athlete</i> Timothy Neal, MS, AT, ATC, CCISM
2:30pm – 3:00pm	<i>Vendor Break Snack</i>
3:00pm – 3:45pm	<u>Concurrent Sessions</u> <i>Workshop Your EAPs</i> Jefferson Room Mary Westby, EdD, LAT, ATC <i>Emergency Care and Spine Boarding</i> American Ballroom Liz Drake, EdD, LAT, ATC & Theresa Skrien, EdD, LAT, ATC
3:45pm– 4:00pm	<i>Concurrent Session Transition</i>

4:00pm – 4:45pm

Concurrent Sessions

Tech In Athletics for Injury Mitigation and Rehabilitation | Jefferson Room
Tyler Williams, LAT, ATC

Emergency Care and Spine Boarding | American Ballroom
Liz Drake, EdD, LAT, ATC & Theresa Skrien, EdD, LAT, ATC

5:00pm – 7:30pm

**MATA Honors & Awards Presentation & Social
presented by Summit Orthopedics**

American Ballroom followed by drinks, light appetizers in Foyer A & B



Scan the QR code to access conference information

- Hotel Map
- Learning Objectives
- Presentation Slides

Saturday 4/15/2023 American Ballroom | 2.25 Category A CE available

7:00am

Registration | Foyer A | *Continental Breakfast available*

7:45am - 9:30am

MATA Annual Business Meeting

9:30am – 9:45am

Break

9:45am – 10:30am

Cultural Competence

René Revis Shingles PhD, AT, ATC

10:30am – 11:15am

Non-Acute Spine Review from the Providers' Point of View

Terence Panvica, PA-C

11:15am – 12:00pm

Non-Acute Spine Review from the Rehabilitation Specialists' Point of View

Steven Scherger, PT Cert., MDT

12:00pm

Closing Remarks

8.75 TOTAL Category A CEs available



****Topics & Speakers subject to change****