

**Minnesota Athletic Trainers' Association
2023 Annual Meeting and Clinical Symposium
*Student Research Contest Winners***

PODIUM PRESENTATIONS

American Ballroom – Friday April 14th 10:45am-11:15am

IASTM Is An Effective Tool In Decreasing Myofascial Restrictions

Peyton DeVinny, Minnesota State University, Mankato

Blood Flow Restriction Training as a Useful Tool to Increase Hypertrophy and Strength Jonathan Murillo-Rodriguez, Minnesota State University, Mankato

Predicting ACL Re-injury Post-ACLR Using Functional Hop Testing

Kimberly Scott, Minnesota State University, Mankato

POSTER PRESENTATIONS

Friday, April 14th during Vendor Breaks

Surgery After First-Time Traumatic Patellar Dislocation to Reduce Recurrence Rates in Skeletally Mature Individuals

Mackenzie Miller, Minnesota State University, Mankato

Conservative Treatment for Symptomatic Femoroacetabular Impingement

Shannon Motzko, Minnesota State University, Mankato

Effects of Foam Rolling and Dynamic Stretching versus Dynamic Stretching in Increasing Lower Extremity Range of Motion

Kaylyn Williams, Minnesota State University, Mankato