

2023 Minnesota Athletic Trainers' Association Annual Meeting & Clinical Symposium

Lifespan of an Athletic Trainer



April 14th - 15th, 2023
****Hilton - Bloomington***
3900 American Blvd W
Bloomington, MN 55437

This conference is designed to provide Certified Athletic Trainers from essential competencies to advanced knowledge.

2023 Conference Learning Objectives:

- Discuss the introduction and utilization of emerging techniques including orthobiologics and technology in injury mitigation and rehabilitation
- Demonstrate emergency spine boarding and addressing the motionless athlete, as well as discussing non-acute spine injury review from physician and rehabilitation standpoints
- Explore and review current concepts in cultural competency as an athletic trainer; mental health practices for athletes and providers; and outlining preparticipation physical examination practices

Total CEU's available: 8.75

Online Registration is open!
www.mnata.com

Friday, April 14th

7:45 am - 7:55 am	Opening Remarks	
7:55 am-8:40 am	Round Table: Setting Up Pre-Participation Physical Examinations	Emily Wendolek, M.Ed.,LAT, ATC Alisia Macioch, LAT, ATC Annie Rowan, MHA, LAT, ATC Robby Bershow, MD Missy Strauch, MS, LAT, ATC
8:45 am - 9:30 am	Emergency Care: How to Approach the Motionless Athlete	Kristina M. Colbenson, M.D.
9:30 am - 10:15 am	Mental Health Self-Care for the AT	Timothy Neal, MS, AT, ATC, CCISM
30 min Vendor Break		
10:45 am - 11:15 am	Student Podium Presentations	
11:15 am - 12:00 pm	Optometry In The Active World	Nathan Langemo O.D.
12:00 pm- 12:45 pm	Lunch	Provided by MATA
1:00 pm - 1:45 pm	Blood Flow Restriction	Braidy Solie, DPT
1:45 pm - 2:30 pm	Mental Health for Patient post injury	Timothy Neal, MS, AT, ATC, CCISM
30 min Vendor Break		
3:00 pm - 3:45 pm	Breakouts (45 minute sessions)	1. Liz Drake & Theresa Skrien (Both Breakouts)
4:00 pm - 4:45 pm	<ol style="list-style-type: none"> 1. Emergency Care and Spine Boarding 2. Workshop Your EAPs- review and improve your current EAPs 3. Tech in Athletics for Injury Mitigation & Rehabilitation 	<ol style="list-style-type: none"> 2. Mary Westby (1st Breakout) 3. Tyler Williams (2nd Breakout)

Saturday, April 15th

7:45 am - 9:30 am	Executive Committee Meeting *encourage all to attend for updates in Minnesota Athletic Training*	
15 minute break		
9:45 am - 10:30 am	Cultural Competence	René Revis Shingles PhD, ATC
10:30 am - 11:15 am	Non-Acute Spine Review from the Providers' Point of View	Terence Panvica, PA-C
11:15 am - 12:00 pm	Non-Acute Spine Review from the Rehabilitation Specialists' Point of View	Steven Scherger, PT Cert., MDT

Registration Fees

Cost of Attendance	Early Bird Rate Ends 03/31	Regular Rate Ends 04/13	Same Day Rate 04/14-04/15
Athletic Trainer	\$145	\$150	\$160
Student (No CE Credit)	\$80	\$85	\$85
Student (Poster Presentor)	\$30	\$30	\$30
H&A Social Event Only (No CE Credit)	\$25	\$25	\$25

IMPORTANT NOTES

- All sessions are LIVE IN PERSON for attendees, there will not be a webinar or recorded function.
- **MATA Cancellation Policy:** *A participant who is registered for this CE activity and cancels their attendance prior to 5:00 PM on Thursday, April 13th, 2023 will be given a full tuition refund excluding a \$10 administrative fee. A participant who has registered for this CE activity and cancels their attendance after 5:00 PM on Thursday, April 13th, 2023 and prior to 8:00 AM on Saturday, April 15th, 2023 will be provided a 30% refund. Any participant who has registered for this CE activity, but fails to cancel their attendance prior to 9:00 AM on Saturday, April 15th, 2023 will not be provided a refund.*



Minnesota Athletic Trainers' Association (BOC Approved Provider Number: #P314) is recognized by the Board of Certification, Inc. to offer continuing education for Certified Athletic Trainers. This program has been approved for a maximum of 8.75 hours of Category A continuing education. Certified Athletic Trainers are responsible for claiming only those hours actually spent participating in the continuing education activity.

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Hotel Booking Info

- **(Recommended) Online:**

<https://www.hilton.com/en/book/reservation/deeplink/?ctyhocn=MSPBWHF&groupCode=MATA&arrivaldate=2023-04-14&departuredate=2023-04-15&cid=OM,WW,HILTONLINK,EN,DirectLink&fromId=HILTONLINKDIRECT>

- **Telephone:** Please call 844-856-8554 and ask for group code “**MATA**”. When calling, please confirm stay is within group dates and hotel address is 3900 American Boulevard **West**, Bloomington, MN 55437 (off 494/France Avenue) as there is two Hilton’s on American Boulevard in Bloomington.